

# Plastic surgery expert unpacks Brooke Schofield's latest procedure as podcaster faces fierce backlash

By Caroline Gaspich, 2025-04-17

As Cancelled [podcaster Brooke Schofield has been hit with fierce backlash](#) over her latest plastic surgery procedure, one expert has given an inside look at the common procedure.

Over the course of the last two weeks, Brooke - who famously hosts the '[Cancelled](#)' [podcast](#) with Tana Mongeau - has been sharing her journey of undergoing an upper eyelid Blepharoplasty procedure, aka an "eye-lid lift." And while the [28-year-old influencer's](#) intention was to be transparent about her changing looks, she was hit with an unexpected wave of hate from many critics online.

As she showed off her bruising and stitches on TikTok, some users criticized her decision, claiming that she is fueling the insecurities of women by not embracing her natural beauty. And while some claimed her [plastic surgery](#) was "frivolous" and "excessive," one plastic surgery expert has confirmed that it is actually a very common procedure.

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[Dr. Sean McNally](#), a board-certified plastic surgeon and the lead provider at [Doctor PDX](#) and [Réviance](#) in Portland, OR, has shared his insight into the procedure after years of expertise in both cosmetic and reconstructive surgery. Put into simple terms, Dr. McNally explained that a Blepharoplasty procedure is "in its most basic form is just a skin removal procedure of the eyelids."





He explained, "This is accomplished by excising the excess skin to reduce eyelid hooding. It may also include removal of muscle, muscle tightening, or fat removal or repositioning," and added, " This is a very common procedure with an excellent risk profile if done by an appropriate provider."

Breaking down the risk factors of this type of procedure, Dr. McNally assured that it is very safe and minimally invasive. He explained: "Most of the work is done within millimeters of the skin, so while it is surgery, it's not super invasive. It can be done cosmetically or even under insurance if the skin excess is enough to block the patient's vision. Whether a patient is awake, sedated, or completely asleep in an OR depends on what type of bleph they're having and patient/provider preference."

In Brooke's case, she shared that she opted to stay awake during the procedure - which she claimed took 30 minutes - but that other patients have chosen to be put asleep. Revealing the price tag associated with this type of cosmetic surgery, Dr. McNally said: "It depends on the type of blepharoplasty, but the lowest price you'll typically see is about \$3,000 for upper bleph, in-office, totally awake. If you wanted uppers and lowers done in an O,R you're likely looking at \$10,000 or more."



When asked what was most common reason patients are interested in this procedure, Dr. McNally shared: " It can be just for cosmetics or due to symptoms like decreased field of view from the hooding or the sensation of the skin sitting on the eyelashes, which drives people crazy."

Brooke explained that in her personal case, she wanted to undergo the surgery in order to make it easier for her to apply makeup. In a TikTok, she explained: "I've always had hooded eyes. It's never affected my vision [but it] recently started to bother me when I realized I couldn't do my makeup the same. I love wearing makeup. I've always been so excited about it, and now I dread it because I can't do eyeliner, you can't see my eyeshadow, and it just doesn't look how I want it to look."

When undergoing any procedure, there is always a risk of harmful side effects, but Dr. McNally assured that in this case, they are very far and in between. He explained: " If too much skin is taken, people can have issues with dry eyes or exposure of the cornea but in the right hands that's very rare."

Dr. McNally went on to confirm that this is "one of the most common surgical procedures" and revealed that there have been over 300,000 Blepharoplasty surgeries performed in the U.S. each year since 2019. Some celebrities that have reportedly undergone this same procedure include Taylor Swift, Al Pacino, Paris Hilton, Cameron Diaz, Jane Fonda, George Clooney, Joan Rivers, and Dolly Parton.

Speaking on patients that are eligible to undergo a Blepharoplasty, Dr. McNally shared, " There's no age limit as long as the patient is healthy and overall a good candidate. Patients seeking Asian blepharoplasty should ensure that their provider is well-versed in their specialized anatomy, needs, and goals."

As for pain levels, Dr. McNally assured that Blepharoplasty surgeries are "less painful than most patients would expect." He added that in the recovery process, most patients only require "over-the-counter medications."

Sharing his concluding thoughts, Dr. McNally encouraged any interested patients to do their research before going under the knife. He said, " Vet your provider. Make sure

they're a board-certified plastic, facial plastic, or oculoplastic surgeon who routinely does the surgery you're after with results you like."

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3 




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