



AD FEATURE

How Pride of Britain winners enjoyed a fabulous cruise holiday



NBC faces backlash as viewers furious over interrupting Super Bowl coverage with Trump



Man died penniless after losing a fortune in Hollywood investment



Donald Trump US News Entertainment Sports About Us Contact Newsletter Signup



'I tried a £12 London food delivery box and it stopped my unhealthy snacking habit'



Turning Point USA's halftime show flooded with pro-Bad Bunny comments as it struggles to keep up

Entertainment Carrie Underwood

Carrie Underwood's 'changing face' as expert reveals what might be behind it

Carrie Underwood has transformed her appearance over the years, prompting rumors of plastic surgery - and a top cosmetic surgeon has shared his insight with Daily Express US



ENTERTAINMENT ByChloe Stewart and Kathleen O'Boyle



Stop Throwing Out Empty Ketchup Bottles

Lif



Image (Images Getty))

Dr. Sean McNally, a renowned plastic surgeon, dished out an exclusive to Daily Express US concerning country superstar Carrie Underwood's noticeably changed visage.

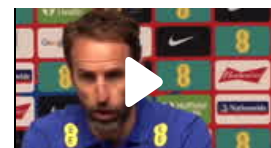
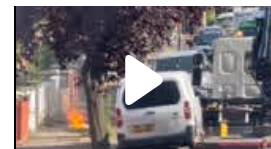
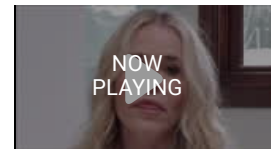
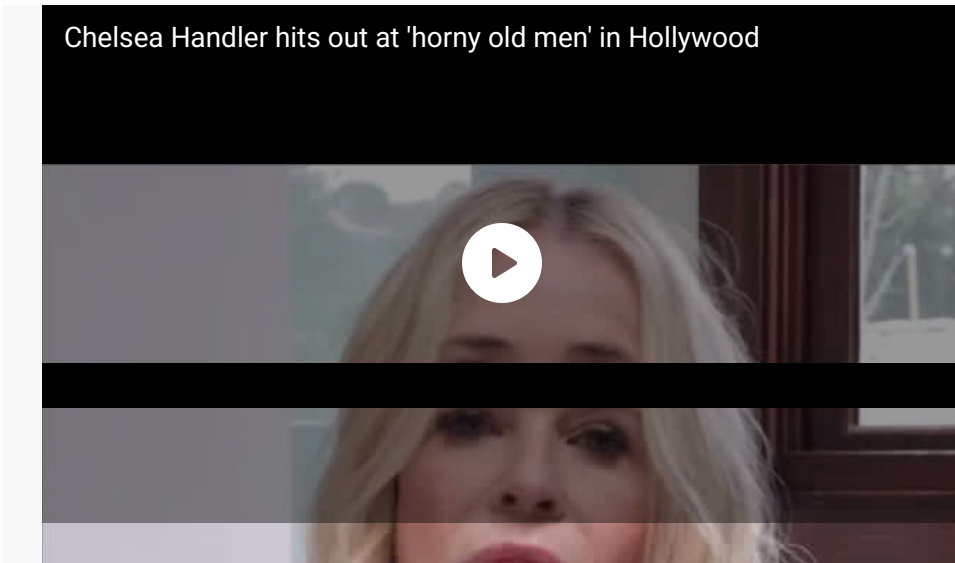
Article continues below

The same expert who unraveled the mystery behind Melania Trump's 'snatched' look, Dr. McNally spilled on what could be accounting for Underwood's "changing face," something fans have been buzzing about.

Article continues below

Spilling the tea, Dr. McNally mentioned, "First, it's important to note she had an accident in 2017," which alludes to the calamitous tumble that saw the soon-to-be American Idol judge undergo reconstructive facial surgery.

Article continues below



READ MORE: American Idol fans 'having a hard time' as Carrie Underwood set to lead new web series for Season 23

READ MORE: Carrie Underwood 'not looking back' after Donald Trump inauguration blunder
After her fall, the scar became a new feature on the star's face, tracing a line from her left nostril to her upper lip, with "40-50 stitches" required to mend the aftermath.

In recent times, Underwood's look has stirred up some heated commentary, especially post her performance at Donald Trump's second inauguration on January 20. Moreover, footage surfaced of the singer side-stepping a handshake with none other than Kamala Harris, reports the Express US.





Carrie Underwood has changed over the years (Image: (Image: Getty))

Yet, Dr. McNally poured cold water on the assumptions of any significant nip and tuck, as he doesn't spot tell-tale signs of major cosmetic work.

He laid out his assessment saying: "Looking at before and after photos, I don't see any concrete evidence of surgical intervention other than her stated reconstructive procedure."

Article continues below

Points of dramatic difference in her look can be seen around her eyes and lips, but McNally chalks it up to "She looks dramatically different around the eyes and lips, but this could be chalked up to simple lip filler and improved makeup."

With a nod to the less is more approach, Dr. McNally leans towards non-surgical tactics paired with a staunch skincare regimen for the celeb's age-defying appearance.

He further commented: "I have no doubt she's keeping up with a solid skin care regime and non- or minimally-invasive treatments to slow the aging process just like everybody else in Hollywood and

the music industry.

Article continues below

"Put a big X like a face lift or chinoplasty? Don't think so," the plastic surgery expert revealed to The Express.

Carrie Underwood

US NEWS
 POLITICS
 CELEBRITY NEWS

WORLD NEWS
 ROYALS
 SPORT

TV
LIFESTYLE
SCIENCE
TRAVEL
WEATHER

MONEY
TECH
MOVIES
WEIRD NEWS
NFL

Follow The Mirror US on socials:



How to Complain Notifications and Alerts helpmynewsassistant Corrections and Clarifications
About Us Work For Us Contact Us Mirror UK Irish Mirror Syndication & Licencing Privacy Notice AI Notice
Cookie Notice Terms and Conditions Community Standards Newsletters Signup
© 2026 a Reach plc subsidiary